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EDUCATION

May 2015

**Rutgers, The State University of New Jersey,
Piscataway, NJ D.S.W.**
Doctorate in Social Work

July 2011

Fordham University, New York, NY
Fordham University Non-Profit Leadership
Certificate Program

May 2007

Rutgers University, Newark, NJ
M.S.W.
Masters in Social work concentration: Direct Practice

May 2001

**Southern CT State University, New
Haven, CT B.S.W**
Bachelors in Social Work

PUBLICATIONS

Huang, C. C., Lu, S., Rios, J., Chen, Y., Stringham, M., Cheung, S. (2020). Associations between Mindfulness, Executive Function, Social-Emotional Skills, and Quality of Life among Hispanic Children. *International journal of environmental research and public health*, 17(21). DOI: 10.3390/ijerph17217796

Lu, S., Huang, C. C., Cheung, S. P., Rios, J., Chen, Y. (2020). Mindfulness and social-emotional skills in Latino pre-adolescents in the U.S.: The mediating role of executive function. *Health & social care in the community*. DOI: [10.1111/chso.12256](https://doi.org/10.1111/chso.12256)

Lu, S., Rios, J., Huang, C.-C. (2018). Mindfulness, Emotion and Behaviour: An Intervention Study with Chinese Migrant Children. *Children & Society*, 32(4), 290-300. <http://dx.doi.org/10.1111/chso.12256>

Lu, S., Rios, J., & Huang, C. C. (2018) Mindfulness of Migrant Children in China: A Daily-Life Approach to Better Academic Performance. Huamin ResearchCenter, School of Social Work, Rutgers University

Lu, S., Huang, C.-C., & Rios, J. (2017). Mindfulness and academic performance: An example of migrant children in China. *Children & Youth Services Review*, 82, 53–59. <https://doi.org/10.1016/j.childyouth.2017.09.008>

- 8/2013-5/2014 **Multimedia research dissertation: “What Is A Child?:**
An explorative look into the phenomenology of a child
- 5/2011-7/2013 “Undocumented Mothers Vicarious Traumatization of their Children and
the Implications with Child Protective Services”

CURRICULUM DEVELOPMENT

- 2022 Urban Youth Mental Health Ambassador Training Manual
2022 Social Justice in Action Certification Course
2020 Credible Messenger Mental Health Crisis Training Manual
2019 Utilizing Virtual Reality To Teach Social Justice Curriculum
2017 Mindfulness Based Cognitive and Behavioral Interventions for Children

TEACHING EXPERIENCE

- 8/15/2017-Present **Seton Hall University**, South Orange, NJ
- 9/2013 -2017 **Rutgers University**, New Brunswick, NJ
Adjunct: Graduate School of Social Work. Generalist Practice I, Integrative
Seminar I, II, Diversity and Oppression
- 2014-Present **New York University**, New York, NY
Assistant Adjunct Faculty member (rank): Graduate School of Social
Work. Clinical Practice

SOCIAL WORK PRACTICE EXPERIENCE

- 8/1/2020-present **Senior Medical Social Worker Consultant**, City of Newark
- [Design therapeutic programs to alleviate violent crime in hot zone areas
 - [Provide trainings to community and public safety on fostering improved relationships and wellness
 - [Provide trainings to community credible messengers as a means to empower community in developing mutual aid
 - [Supervise research development and outcomes to ensure ethical and effective data collection.
- 8/15/2017-present **Seton Hall University**, Essex County
Director of the Masters of Social Work Program:
- [Provided Masters level education to Social Work Students both in class and online
 - [Participated in both Department and Program meetings in order to discuss and analyze programmatic and pedagogical strategies
 - [Partnered with various campus organizations to improve student diversity issues through programs and events.
 - [Assisted and participated in CSWE accreditation procedures.
- 2/15/13--present **Rios and Associates Therapeutic Solutions, LLC**, Hudson County, NJ

Clinical Director / Psychotherapist:

- ▮ Provided individual, couples and family therapy.
- ▮ Individual Substance Abuse counseling to address recovery and reduce recidivism
- ▮ Utilized many psychotherapeutic approaches into treatment including: Cognitive Behavioral Therapy, Psychodynamic therapy, EMDR therapy, Solution focused Therapy, Gestalt and Mindfulness treatment.
- ▮ Provided weekly parenting skills, anger management and men groups in English and Spanish
- ▮ Provided reports to court regarding treatment of victims of violent crimes and offenders mandated for treatment.
- ▮ Provided in service trainings for DCPD contracted agencies.

9/1/13 – 08/2017

**Rutgers, The State University of New Jersey, Piscataway, NJ
Adjunct Faculty/Part-time Lecturer:**

- ▮ Taught courses to both senior level bachelor courses and masters level courses.
- ▮ Lead courses on Generalist Practice and Social Policy I and Integrative Seminar II
- ▮ Created syllabi and learning material for collegiate students
- ▮ Lectures on topics from all social problem issues.
- ▮ Lectured in undergraduate and graduate social work programs

9/1/2015-5/20/2018

**Rutgers, The State University of New Jersey, Piscataway, NJ
Research Fellow, The Huamin Foundation:**

- ▮ Presented at National Conferences regarding philanthropy and collective sharing
- ▮ Published articles regarding philanthropy and Buddhist psychology
- ▮ Assisted in program formulation and construction of manuals
- ▮ Supported staff in research development and publications

11/2/15-4/22/16

**Family Connections, Inc. South
Orange, NJ Clinical Consultant:**

- ▮ Provided clinical supervision to staff clinical members
- ▮ Lead group and individual discussions on treatment, practices and intervention techniques.

**Family Connections, Inc.
Paterson, NJ Program
Coordinator/ Manager:**

- ▮ Manage/supervise team of clinicians, case managers and drivers to complete day-to-day program duties.
- ▮ Ensure the program team met agency's policy and procedures.
- ▮ Assisted in writing the annual contract narrative.
- ▮ Ensure the program met the standards of agency's quality assurance policy.
- ▮ Balance and manage the program budget.
- ▮ Represent the agency in contracting meetings and negotiations.
- ▮ Maintain a caseload of families in which functioned as the role of the clinician (see below).

- Provide clinical supervision to staff on a weekly basis.

9/6/01-1/15/03

**Division of Youth and Family Services,
Secaucus, NJ Adoption Specialist:**

Specialize in cases of children who were legally free for adoption.
Testify in family court regarding high-risk adoption cases and termination of parental rights.
Provide the court with frequent written reports regarding cases and case practice.

INTERNSHIP/ FELLOWSHIPS

January 2021-Present **Engaged Scholar in Residence- Center for Community Engagement and Research (Seton Hall University)**

Engaged in Community Participatory Research in East Orange, NJ; Newark, NJ
Awarded \$200,000 Grant in order research “Reimagining Public Safety in Essex County, NJ”
Developed Social Justice in Action curriculum for community members in collaboration with Yale University, Howard University and global activist organization Until Freedom.

December 2020- Present **Social Work Futures Lab-Portland State University
Futures Fellow**

Trained in Foresight thinking and skills building
Trained to facilitate Futures workshops and trainings
Collaborate with National leaders on designing initiatives and programs that solve today’s problems using gaming skills, radical optimism and artifact collection

4/20/16-5/24/18

**Wellness Institute- Seattle, Washington
Advanced Hypnotherapy Certification:**

- Trained in advanced Hypnotic therapies
- Trained in Heart Centered Therapy approach
- Trained in advance meditation techniques
- Trained in Psychodrama and Breathwork

9/00- 5/01

**Department of Children and Families, New Haven,
CT Social Work Intern:**

- Completed 8-month operational and functional field training. Aided employees during home visits and court-mandated hearing

FIELD INSTRUCTOR

2007-2010 **Ramapo University**
2007- 2010 **Fordham University**
2008-Present **Rutgers University**
2011- Present **New York University**

AWARDS

<i>Student Faculty Research Award</i>	2021
<i>Faculty Innovation Teaching Grant, Seton Hall University</i>	2019
<i>Distinguished Clinical Field Supervisor, New York University</i>	2018
<i>Distinguished Clinical Field Supervisor, Rutgers University</i>	2018
<i>Rising Latino Professional Award- Fuego Dance Company,</i>	2012
<i>Certificate of Recognition for Partnership and Collaboration, DCPP Central Passaic Local Office,</i>	2012
<i>Hermano de la Decada Award- Latino America Unida Foundation,</i>	2011
<i>Phi Alpha Honor Society Chapter Recognition (Social Work Honor Society)</i>	

ADVANCED TRAINING

Collective Trauma and Community Healing Specialist	2020
Certified Futures Trainer	2020
Advanced Immigration Evaluation Certified	2020
Stanford University Futures Institute	2019
Advanced Certified Hypnotherapist	2018
Substance Abuse Theory (Seton Hall)	2016
Substance Abuse Practice (Seton Hall)	2016
Advanced Substance Abuse Treatment Approaches	2016
Hypnotherapy Certification	2016
Certifies Sex Offender Treatment Specialist	2015
The Art of Psychotherapy and Buddhist Psychology	2015
TEAM CBT Level I Certified	2013
Advanced Clinical Practice Skills in Hypnotherapy	2012
Advanced CBT Techniques for Addiction practice	2012
Treating Trauma and the Brain	2012
Addictions Counselor Certification Training	2012
Advanced Practices in Motivational Interviewing	2012
Focused Intervention Training (FIT)	2012
EMDR Level I certified	2011
Dialectical Behavior Therapy Training	2011
Cognitive Behavioral Therapy in Practice	2011
Impact Institution Collegiate Leadership Certified Facilitator	2007
Student Intern Field Instructor	2007
Certified Clinical Supervisor	2009
Certified Facilitator Survival Skills for Men	2005
Certified Survival Skills for Youth	2005
DCF Family Team Meeting Qualified Facilitator	2005
Special Response Unit Trained and certified	2006
CPR certified, active	2003
Certified Adoption Therapy	2005
Trained in two states (New Jersey, CT) as a Forensic CPSinvestigator	2001

PRESENTATIONS

Virtual Reality to Teach Social Justice 2020- (800 virtual attendees)

Peking Mental Health Hospital 2014, 2015, 2016- *Social Work Practice in the US, Dialectical Behavior Therapy, Substance abuse reduction Best Practice Methods in the United States*

Rockefeller Foundation 2015-*Buddhist Practices in Philanthropic Global Capital Sharing*

University of Texas Arlington 2015- *Men, Masculinity and Mental Health*

PUBLIC SPEAKING

2021 NAACP-MD- Mental Health and the Black Community

2018 SOUTHNEXTNJ- *Social Justice, Mindfulness and Magic: Leadership through Self-Reflection*

2018 NASW NJ Conference Workshop (5 hours): “*Men, Mental Health and Hip-Hop: An Experiential Analysis Into Meaning*”

2015 Rockefeller Foundation: “*Mindfulness in Practice with Urban School Systems*”

2015 University of Texas School of Social Work: Men and Masculinity Series,
“*Addressing the Masculinity problem from a Trauma lens*”

AFFILIATIONS

Diversity Equity and Inclusion Committee (Seton Hall University)

Truth, Racial Healing and Transformation Center (Seton Hall University)- Founding Faculty/ co-chair committee

CSWE-Global Learning& Practice committee

The H.U.B.B Trauma and Arts Center- Board Member

Office of Violence Prevention and Trauma Recovery-consultant

New Jersey NASW State Delegate

Black Social Work Academics in Technology for Social Justice- Founding member

Newark Brick City Peace Coalition- member

Drug Court Newark Clinical Intern Supervisor

FACTNJ Board member, 2019, present

NASW Humanity and Technology Board Member 2019, present

NASW Ethics Board Committee Member-2018, 2019, present NJ

Latino Mental Health Association Member-2016-Present

NJ Latino Mental Health Association Conference Presentation Review Committee Member, present

NASW-CCNLI- 2018, 2019

NASW-CCNLI Chair 2015-2016

Managed Care Round Table Board Member-NASW NJ, present

Association of Heart Centered Hypnotherapist

LICENSURE

Licensed Clinical Social Worker NJ #44SC05256100

School Social Worker NJ #00335276

OTHER COMPETENCIES

Fluent writing, reading and speaking in Spanish
 Learning Mandarin: Basic level and conversational
 Learning Vietnamese: Basic
 Private Practice Business Consultant
 Certified Futures Thinker/ Consultant- Institute for the Future

MEDIA

12/17/20	https://villagegreennj.com/police-and-fire/south-orange-community-police-collaborative-discusses-use-of-force-data-training-social-workers/	5/6/21	https://www.shu.edu/news/east-orange-expands-summer-programs-with-help-from-seton-hall.cfm
3/5/21	https://patch.com/new-jersey/southorange/community-care-justice-program	5/19/21	https://www.shu.edu/arts-sciences/news/nbc-features-social-work-prof-on-policing-mental-health.cfm
3/8/21	https://www.tapinto.net/towns/soma/sections/government/articles/south-orange-launches-community-care-justice-program	7/21/21	https://www.southorange.org/DocumentCenter/View/6183/07212021-South-Orange-Community-Survey-Policing-Public-Safety-and-Wellness
3/11/21	https://www.shu.edu/education/news/seton-hall-teams-with-village-on-community-care-justice.cfm	7/31/21	Essex News Daily South Orange, along with SHU, seeks community responses in survey
3/11/21	https://www.insidernj.com/press-release/shu-south-orange-reimagine-policing-essex-county-pilot-program/	8/9/21	https://www.shu.edu/arts-sciences/news/social-work-professor-to-lead-community-outreach-in-so.cfm
3/11/21	https://www.southorange.org/DocumentCenter/View/6181/03112021-South-Orange-to-Reimagine-Policing-in-Essex-County-Pilot-Program	9/17/21	https://www.southorange.org/DocumentCenter/View/6184/9172021-Community-Care-and-Justice-Previews-Virtual-Reality-1000-Cut-Journey-for-Students-Faculty-and-Police
3/14/21	https://villagegreennj.com/police-and-fire/south-orange-launches-effort-to-reimagine-policing-and-more-with-community-care-justice/	9/23/21	https://www.shu.edu/community-research-engagement/news/jamila-davis-named-community-practitioner-in-residence.cfm
3/17/21	https://www.tapinto.net/towns/soma/sections/police-and-fire/articles/chief-kroll-to-retire-from-south-orange-police-department	10/2/21	Essex News Daily South Orange Community Care & Justice previews virtual reality '1,000 Cut Journey'
3/17/21	https://villagegreennj.com/towns/south-orange/chief-kroll-to-retire-after-33-years-of-service-with-the-south-orange-police-dept/	10/8/21	https://www.southorange.org/DocumentCenter/View/6185/1082021-NBA-Star-Allan-Houston-Brings-FISLL-to-South-Orange-Seton-Hall
3/18/21	https://nj1015.com/south-orange-seton-hall-team-up-to-reimagine-policing/	10/19/21	https://www.southorange.org/DocumentCenter/View/6186/10192021-Social-Work-Outreach-Team-Starts-Accepting-Referrals-from-South-Orange-Police-and-Rescue-Squad
3/23/21	https://www.thesetonian.com/article/2021/03/seton-hall-teams-up-with-south-orange-village-on-community-care-and-justice-initiative/	11/12/21	https://www.shu.edu/arts-sciences/news/mayors-yale-professor-at-social-justice-cert-program.cfm
3/27/21	https://www.southorange.org/DocumentC	11/12/21	https://www.southorange.org/Document

	enter/View/6182/03272021-Civil-Rights-Icon-to-Speak-at-Seton-Hall		Center/View/6187/11122021-Mayors-of-Newark-and-South-Orange-Yale-Public-Health-Professor-to-Present-at-Social-Justice-Class
3/30/21	Social Workers News: Racial Justice	12/3/21	https://www.southorange.org/DocumentCenter/View/6188/1232021-Social-Shark-Tank-at-Seton-Hall-Awards-Five-Thousand-Dollars-for-Best-Project
4/27/21	https://www.shu.edu/diversity-equity-inclusion/news/civil-rights-icon-to-speak-at-seton-hall.cfm	12/06/21	https://spotonnewjersey.com/gateway/876343/social-shark-tank-at-seton-hall-awards.html
5/2/21	https://villagegreennj.com/towns/south-orange/seton-hall-university-and-south-orange-ccj-to-host-social-justice-event-may-2/	12/13/21	https://www.tapinto.net/towns/soma/sections/police-and-fire/articles/south-orange-police-to-researchers-some-officers-still-use-racial-profiling
5/2021	NASW-NJ FOCUS Magazine Public Safety and Violence Prevention	12/21/21	https://www.southorange.org/DocumentCenter/View/6189/12212021-South-Orange-Hires-New-Director-for-Community-Care-and-Justice-Program
	https://essexnewsdaily.com/news/southorange/103184		
	https://www.nbcnews.com/news/amp/ncna-1266935#anchor-Familiescallingforhelp		
	https://www.nj.com/opinion/2020/08/when-cops-overlook-mental-health-issues-there-can-be-deadly-results-opinion.html		
	https://www.shu.edu/education/news/seton-hall-teams-with-village-on-community-care-justice.cfm		
	https://www.tapinto.net/towns/newark/sections/police-and-fire/articles/newark-police-division-s-newest-social-workers-could-set-precedent-for-public-safety-nationwide		
	https://www.njtvonline.org/programs/think-tank-with-steve-adubato/reimagining-traditional-models-law-enforcement-eouvcc/		
	https://newjersey.news12.com/refunding-the-people-newark-residents-participate-in-summer-program-to-improve-their-lives		
	https://www.thesetonian.com/article/2021/03/seton-hall-teams-up-with-south-orange-village-on-community-care-and-justice-initiative/		